

# ZONTA SAYS NO TO VIOLENCE AGAINST WOMEN

## 11<sup>th</sup> Annual Zonta 5K Saturday, October 27, 2018 Run to End Violence Against Women

Zonta's 11th annual 5K will raise funds to support the Zonta International Foundation. The Foundation supports programs that make a difference in the lives of women in more than 57 countries - from efforts to reduce the risk of HIV/AIDS through health education and prevention of mother-to-child transmission programs to increasing access to educational opportunities and vocational skills training for girls and young women.

Awards will be presented to the 1st place male and female overall runner, the 1st place male and female overall walker, and 1st, 2nd and 3rd place male and female walker and runner in each age division.

Register online at [zontasaysno5k2018.eventbrite.com](http://zontasaysno5k2018.eventbrite.com) | For more information, visit [www.zontajc.org](http://www.zontajc.org)

- Pre-Registration - \$25.00\*
- Registration (day of) - \$30.00
- JCRR Member - \$20.00
- Team of 5 - \$100.00
- T-shirt only - \$20.00\*

Check-in for race is at 7:30 am  
and the race starts at 8:30 am.

*\*Registrations must be received  
By Oct. 8 to guarantee a t-shirt.*

Name	_____		
Address	_____		
City	State	Zip	
_____	_____	_____	
Phone	Age	Gender	
_____	_____	_____	
Shirt Size	<input type="checkbox"/> Runner	<input type="checkbox"/> Walker	
_____			
Team Name	_____		

**Make Checks payable to: Zonta Club of Jefferson City Foundation, 628 Belmont Dr., Jefferson City, MO 65109**

**Release:** *In the consideration of the acceptance of entry, I, for myself, my administrators, executors, and assignees, do hereby release, and discharge Zonta and all other sponsors, for all claims of damages, demands, and actions, whatsoever arising or growing out of my participation in said athletic event. I attest and verify that I have full knowledge of the risk involved in this event and I am physically fit and trained for this event.*

Signature \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_

**ENVISION A WORLD**

**where no woman lives in fear of violence**